I honor my inner power

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I realize that my greatest power comes from my higher power. I am aligned with my higher power.

I am more than I appear.

I am more than this body. I am more than this mind. I am in this world, but not of this world. I am more.

I am grateful for this knowledge and understanding.

The more I know the more I see that I am connected to All that Is. I am an integral part of this world and more. I am a part of the seen and the unseen.

I gather strength from this knowledge. I gain courage from this understanding that I am more.

I feel my inner power growing.

I know that I am a part of my higher power. I gain strength knowing that I am a part of the whole. I gather power, like my computer as it is hooked into the system of electricity.

I am one component of the whole universe.

Just as we are all connected through the world wide web, I feel the electromagnetic forces moving through my body. I feel my nervous system working efficiently. I attract amazing experiences into my life.

Today, like a transformer tower, I draw power into my life. I use my power prudently, ethically, and efficiently. **I am a powerful being.** I honor my inner power.

Self-Reflection Questions:

1. What can I do to power up my life?
2. How can I be in integrity with my power?
3. How can I stay in humility and strength at the same time?